

Burntsand News Release

Burntsand and Providence Health Care Bring the Successful Healthy Heart Program to the Internet *Innovative Virtual Cardiac Rehab Program Creates a Practical Telemedicine Portal*

Toronto ON & San Jose CA September 17, 2003. Burntsand Inc. (Burntsand) (TSX:BRT), a leading North American business solutions integrator, in conjunction with Providence Health Care, today announced the launch of the Healthy Heart Virtual Cardiac Rehab Program (VCRP). Developed as a pilot study at St. Paul's Hospital in Vancouver, British Columbia, Burntsand worked closely with the Healthy Heart team to successfully deliver this innovative Web-based solution.

Burntsand was engaged to design and develop the Virtual Cardiac Rehab Program environment with an objective to put the patient at the center of the design. Patients do not have to be Web and computer savvy to take advantage of this program. This site, expertly designed by Burntsand's usability team, takes into consideration that many patients will have limited Web experience.

Participants in the Healthy Heart study receive professional advice, attend group sessions, and participate in monitored regular exercise programs -- online. Rather than meeting face to face, patients recovering from cardiovascular disease will attend Web chat sessions led by health care professionals. Exercise sessions are monitored using heart rate monitors, and results are transmitted through secure Internet-based communications to the appropriate specialist, and a database is created to track a patient's progress. This pilot study is a "virtual" version of Healthy Heart's in-hospital post-surgery rehabilitation program, with patient participation currently in the recruitment and selection phase of the program. By recreating Healthy Heart on-line, the hospital hopes to reach patients living outside Vancouver, or those on long waiting lists.

"We are excited about the potential to enhance health care services using a Web-based virtual cardiac rehabilitation program," stated Dr. Scott Lear, Assistant Academic Director of Providence Health Care's Healthy Heart program. "It is complementary to existing services and fills a number of voids. We will be able to improve our ability to deliver effective clinical programs to a far wider patient population."

Dr. Lear further commented that such a program will also be useful for patients on waiting lists. It is expected that providing patients with information and support while they are waiting to enter a CRP will result in significant improvements to exercise capacity, physical activity participation, dietary composition, self-efficacy and depression. A 'virtual' CRP may also prove to be beneficial as a tool for long-term follow-up. It will provide a way to help reinforce healthy behavior practices and avert patients returning to old habits.

"Burntsand is pleased to have developed a telemedicine Portal that uses the power of the Internet to increase access and extend the reach of medical services to home based and rural patients," commented Mel Steinke Burntsand President and CEO. "The Burntsand team was privileged to work with the Healthy Heart team to create an application that puts a very practical and human face on the Internet. They are to be commended, as the hard work of a few should help many."

About Healthy Heart Program and St. Paul's Hospital

The Healthy Heart Program is part of the Heart Centre at St. Paul's Hospital, Vancouver, BC and is affiliated with the University of British Columbia. The Healthy Heart Program offers a comprehensive interdisciplinary approach to the treatment and management of heart disease. St. Paul's Hospital is one of B.C.'s main acute care, academic and research hospitals and is part of Providence Health Care, a Catholic health care organization that also includes the following facilities: Holy Family Hospital, Mount

Saint Joseph Hospital, St. Vincent's Hospitals (Heather, Langara, and Brock Fahrni Pavilion) and Youville Residence.

About Burtsand

Burtsand is a Solutions Integrator focusing on business solutions that deliver enhanced productivity. Burtsand's success results from its ability to rapidly create company-wide integrated business solutions for clients in the areas of Portals, Relationship Management, Content Management, Business Intelligence and Knowledge Management. These solutions integrate into the client's enterprise architecture. Burtsand's extensive cross-industry experience in the integration of eBusiness solutions augments vertical expertise in government and the financial services, energy, manufacturing, distribution, and pharmaceutical industries. Headquartered in Toronto, Burtsand operates from eight North American locations. The company trades on the Toronto stock exchange (TSX) under the symbol BRT, Burtsand's website address is www.burtsand.com

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